Periodontal Disease Risk Test

Periodontal disease is a chronic inflammatory infection that left untreated can lead to increased risk for other conditions such as heart disease, pre-term delivery in pregnant women, diabetes, and stroke. **Periodontal disease** is the #1 cause of tooth loss in adults. To find out if you are at risk, check off all of the indicators of disease below that pertain to you.

- Do you smoke?
- Do you have diabetes?
- Are you pregnant?
- Do any family members have gum disease?
- Have you been told you have or been treated for gum disease in the past?
- Do you have bad breath?
- Are your gums red or swollen?
- Do your gums bleed when brushing or flossing?
- Are your gums receding?
- Do you have teeth that seem to be loosening?
- Have you recently lost any teeth?
- Have you noticed that your teeth fit together differently?

If you checked off 2 or more disease indicators, you may be at increased risk for periodontal disease. Please call your Midwest Dental office today to schedule an appointment for a complete evaluation. Early diagnosis and treatment reduce the risk for future problems and can help you keep your teeth for a lifetime.